



The Colt Connection



December 17, 2015



Volume 3, Issue 1



Hitting Our Stride in 2015-16!

Welcome to the 2015-16 school year! Our theme this year is "Hitting our Stride." The school is in full swing, and many great things are happening. The seventh grade orientation and Back to School Night were terrific. I want to thank the PTSA and Student Government for all their support and help in making them a success. Our Student Led Conferences were amazing and attended by 88% of our students and parents!

This year we are excited to go through AdvanceED Standards for Quality Schools Accreditation at Copper Mountain Middle. During this process we will be looking at school improvement, quality of instruction, and assessments. Also, we have looked at our school's mission statement and updated the statement to fit the students in our community: *At Copper Mountain Middle School, our mission is to educate all students in a safe and supportive environment where they can learn to be responsible global citizens.*

We have a wonderful year planned for the students and are so excited for all of the upcoming events. Please contact me if I can be of help to you or your student.

Sincerely,

Kim Baker

Principal

Copper Mountain Middle School

CMMS SOCIAL MEDIA CONNECTIONS

Facebook: Copper Mountain Middle School

Twitter: @CopperMtColts

Website: <http://coppermountain.jordandistrict.org>





A visit from Representative Mia Love!

Someone Let the Dogs Out!



CMMS would like to thank Unified Police and their K9 team for helping us with a successful lock down drill. This drill allows the officers to become more aware of our building and its surroundings. We are so lucky to have such amazing students attend our school. We appreciate your support during our drills. It is our desire to keep your students safe and sound while at school.

CMMS Teacher Receives \$100 Award!



We love our fantastic STEM team at CMMS!



Congratulations to our fabulous teacher Ms. Putnam! She is the winner of Jordan Credit Union's Teacher of the week! She now has \$100 dollars to spend on anything she would like! Thanks Jordan Credit Union for your support of our great teachers!!

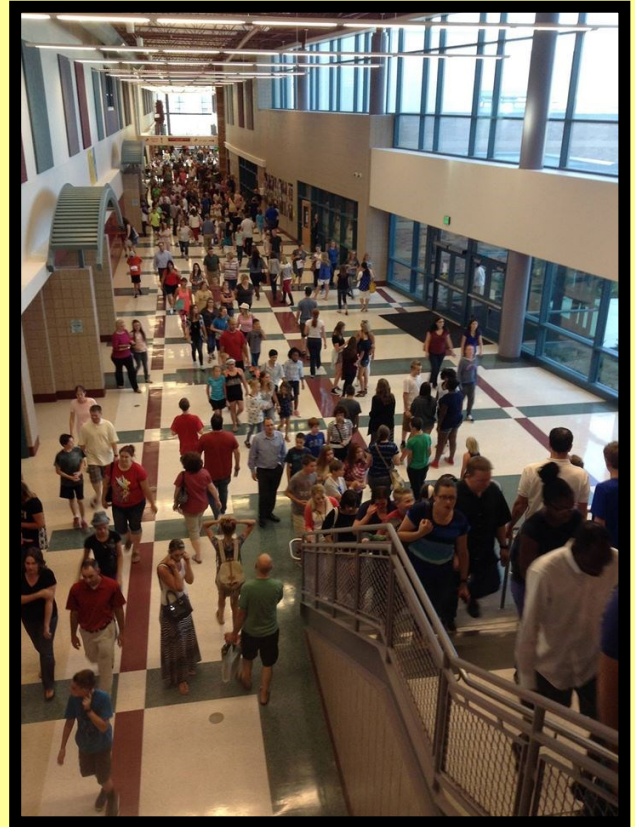


Welcome 7th Grade!



Seventh grade orientation was a great success. Our new 7th graders learned about school procedures, met our administration and counselors, and went on a tour of the school. We are excited to welcome these new Colts to Copper Mountain Middle School!

Back to School Night!



**Copper Mountain
Colts Rock!**



**We love our
amazing PTSA!**

CHINESE IMMERSION PROGRAM COMING TO CMMS!

A Parent and Student Meeting was held October 29th at Copper Mountain Middle School in preparation for the introduction of the Chinese Immersion Program during the 2016-17 school year. It was an informational meeting for Eastlake 6th grade students and parents already involved in the program. We are excited to implement the Chinese Immersion Program at CMMS.



Pumpkin Contest Keeps Students Guessing!



Guess how many pumpkins are in Mr. Sprague's Halloween display. That was the challenge extended to students in October. The winners received a special Halloween treats. Thanks to our awesome custodian, Mr. Sprague, sharing his display with us and sponsoring the Pumpkin Guessing contest. !



Mr. Sprague and the lucky winners of the Pumpkin Guessing contest!



Winter Wear for The Road Home

Our school just finished collecting winter wear items to donate to The Road Home. Scarves, hats, gloves, socks and other winter wear was donated by students and school staff. We appreciate everyone who participated and contributed to this service project. Thank you for your donations. We hope you have a great winter!

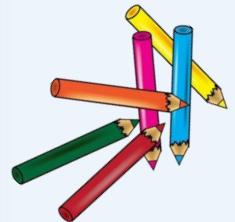
A big "THANK YOU" to those parents and students who took the time to come to Student Led Conferences!

PTA Students and Teacher of the Month!

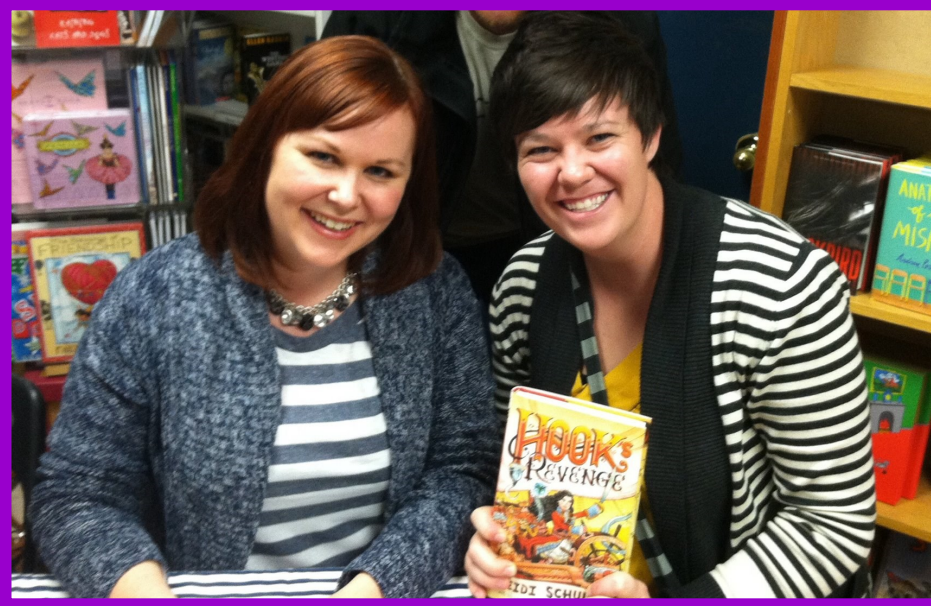


Congratulations goes out to our PTA students and Teacher of the month!

CMMS Painting Class is Celebrating Australian Aboriginal Dreamtime Art! Amazing!!



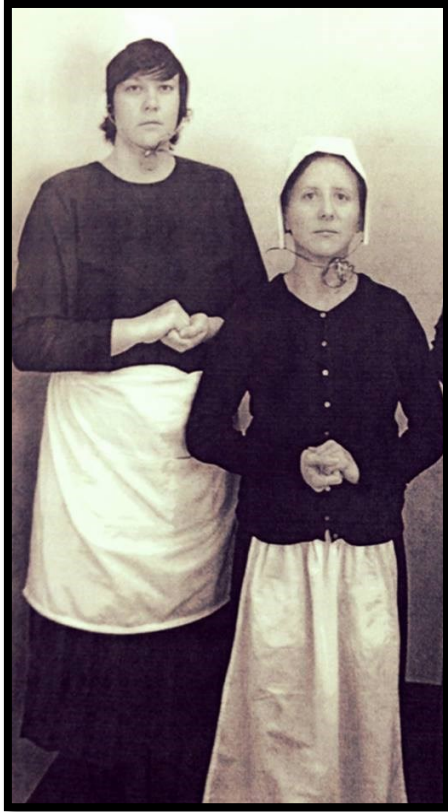
New Series with Connections at CMMS!



CMMS Social Studies teacher, Mrs. Johnson, with her aunt, Heidi Schulz., author of a great new series called "Hook's Revenge." Published by Disney-Hyperion, there are currently two books in the series: "Hook's Revenge," and "The Pirate Code." We are excited to have both of these titles in our school media center.

Congratulations Reflections Winners!





Students Experience Life in Colonial America!

Copper Mountain Middle School held their third annual Puritan Day. Eighth Graders were transported back in time to experience 17th century colonial America and life as a Puritan. Goodie Johnson and Goodie Parker educated students in the ways of Puritan life as a teen. Students dress in puritan attire, act solemn and attentive at all times and reflect upon the deep puritan beliefs taught to them in class. They make butter, play marbles, and are expected to abide by Puritan law for the day. History comes alive for these students as they do their best to accomplish the goals of this day.

HHS Marching Band Takes 2nd in State!



The Marching Band at Herriman High school (*with some of our COLT 9th graders*), took 2nd in State and 14th at regional's! They are some of the best we have ever heard!! Great job COLTS and Mr. Frome! We love you guys!



Congratulations goes out to the PTA Students and Teacher of the month!



Congratulations Colt of the Quarter Students!



1st Quarter Triple Crown Winners!



Congratulations 9th grade Triple Crown Winners for 1st Quarter. They have perfect attendance, all honors citizenship, and a 4.0!! Wow 18 COLTS!!!!

Winter Wear for Collected for the Road Home!



Our school just finished collecting winter wear items to donate to The Road Home. Wow! We had over 700 winter items donated this year! Congratulations to Mr. D. Henderson's class for winning the top prize. Scarves, hats, gloves, socks and other winter wear was donated by students and school staff. We appreciate everyone who participated and contributed to this service project. Thank you for your donations. We hope you have a great winter!



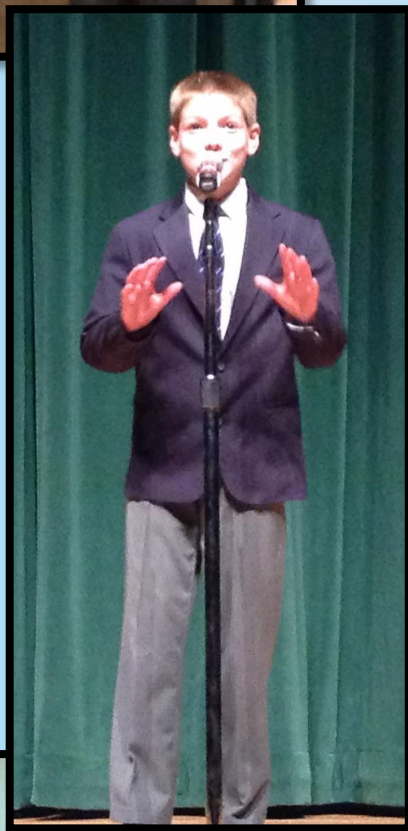


Mrs. Baker had a fantastic time visiting schools in China!



Colts Perform in Fabulous Talent Show!

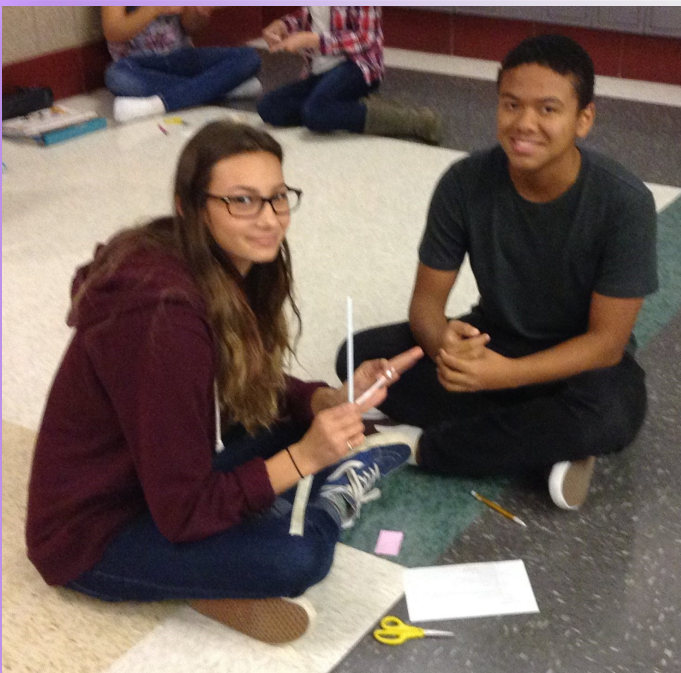




Amazing Science Colt Corral!

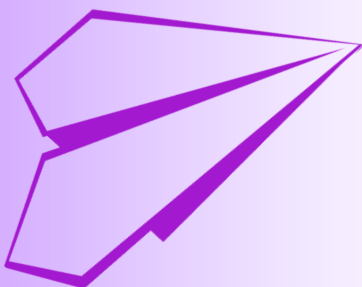
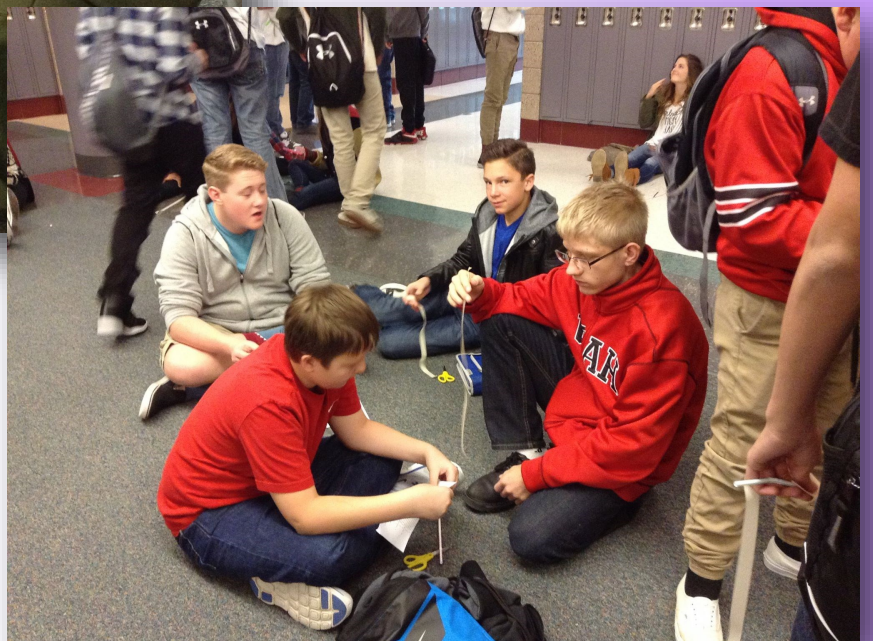
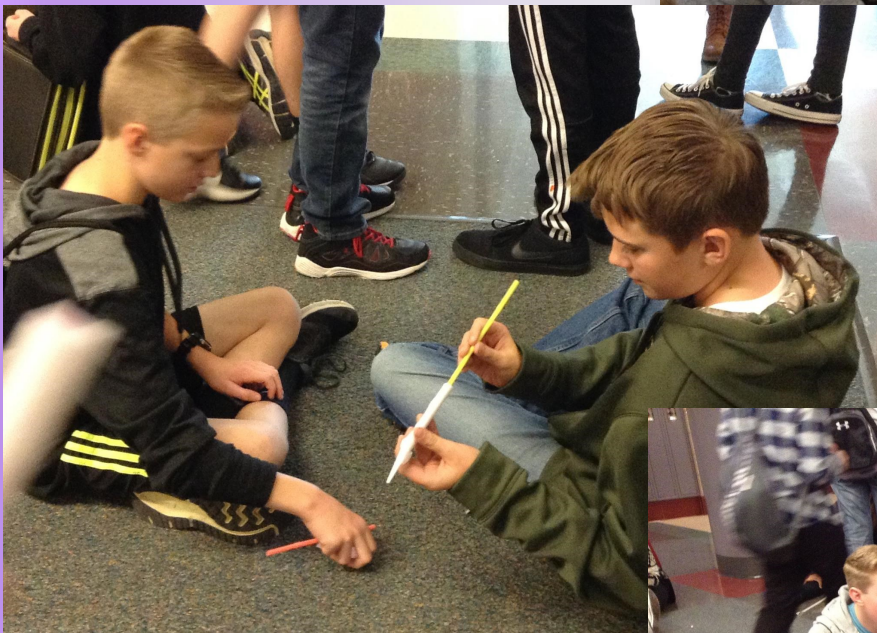


Students Design Paper Rockets!



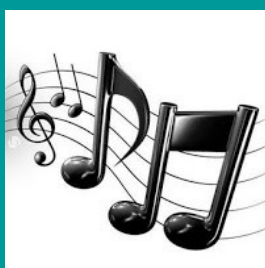


Let's Fly!





CMMS Choir Students Prepare for Concerts and Competitions!



Red Ribbon Week at CMMS!

PTA Red Ribbon Week was a great success! Students and faculty showed their support by participating in these activities:

Monday: *"I Mustache you to be Drug Free" (wear a mustache)*

Tuesday: *"Put a cap on drugs" - (wear a hat)*

Wednesday: *"Say Boo to Drugs" (wear crazy socks)*

Thursday: *"Don't do Drugs, Eat Nerds" (dress nerdy)*



THE COLT CREAMERY

is our favorite place for Ice Cream!

Talk about a sweet job. Copper Mountain Middle School 7th-grade students in the Career and Technical Education class got a taste of business by opening and running their very own ice cream store. Students had to create their business plan, design and produce menus and marketing materials and then they applied for jobs at the annual Colt Creamery. The two-day event gave students the opportunity to be a customer one day and an employee the next, while parents were invited to enjoy some ice cream and see their students in action.





Colt Ice Cream is the best!



CMM

Counselor Corner

Volume 1, Issue 2

December 2015

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Counseling Center Update

For the past two months, the Copper Mountain Middle School Counselors have been meeting with 8th grade students and their parents in Planning for College and Career Readiness (PCCR) meetings. This meeting is an opportunity for parents, students, and counselors to help students plan ahead for careers they

want to pursue and colleges they want to attend. We also use this meeting to talk about high school graduation requirements, scholarship opportunities, and review the ACT Explore test results. This is also a great time to create a four year plan and map out required classes, plan ahead for elective options, discuss

AP and CE college credit classes, and talk about additional opportunities such as the JATC.

A BIG thank you to parents who were able to attend these important planning meetings with their student. We know your time is valuable and it can be difficult to arrange time off work. We really appreciate your attendance and hope you found the information given valuable.

Managing Holiday Stress

The holidays are almost here. There is shopping to be done, last minute gifts to wrap, families to visit, and friends to see. With all of the hustle and bustle, stress can pile up. This is true for both parents and students alike.

Stress is natural and part of everyday life. Stress is change. This change may be positive or negative and may require a person to be flexible and adapt to new things. "Stress is anything that causes physical and/or mental wear and tear on the body and mind" (Joyce V. Fetro, Personal & Social Skills, 2000).

Further stress may be added on to your student in subtle ways. Simple things like changes in routine, not getting adequate sleep, and eating too much sugar can increase your student's stress. Take the opportunity to talk with your students

about how they manage stress and adapt to change.

There are several ways to help manage or reduce the amount of stress you feel. Here are just a few suggestions:

- * Physical activity. Exercise is a great way to get us to naturally increase blood flow to the brain as well as forces us to breathe deeply. Not to mention it can be fun, especially if we involve other people in our activities.
- * Do activities you enjoy. Hobbies such as reading, art, creative writing, dance, and listening to or creating music are great ways to express yourself in a creative way and take your mind off your worries.
- * Go outside. Turn off the electronic devices and enjoy the great outdoors. The area we live in provides many opportunities to do a variety of outdoor activities without having to travel too far. Take advantage of the snow and hit the slopes, go snowshoeing, cross country skiing, build a snowman, or shovel the driveway.
- * Get a good night's sleep. Taking students off their regular routine may interrupt their sleep. It is tempting to stay up late with family and friends, especially when students know they can sleep in the next day. However, some students may not be able to sleep in long enough to make up the lost hours of sleep.

JATC Open House

The annual Jordan Academy for Technology & Careers (JATC) open house will be held **Thursday, February 4th from 4 to 8 p.m.** The JATC has two campuses, one in West Jordan and a new second campus in Riverton. Both campuses will host an open house on February 4th.



Parenting Classes and Counseling Services Offered to JSD Families at **Jordan Family Education Center!**

The Jordan Family Education Center is open for family intakes and classes at their new location, West Jordan Elementary School (7220 South 2370 West). Some of the classes offered are: High School Anger Management, Self-Discipline School (grades 7-9), Calming the Storm Within (adult anger management), Bully Stoppers (bully-proofing for kids grades 2-5), Positive Parenting Practices for the Children with ADHD, Effective Parent Training, Reading Your Environment (two social skills groups for children grades 3 through 9 with high functioning autism/ asperger's) and an attendant parent support group, Parenting the Difficult Child and Teen, Blues Busters (for sad or worried children grades 3-6). Classes are offered Tuesday through Thursday evenings 7-9 p.m. Classes are offered at no cost. Please call the JFEC at (801)565-7442 to register, or for a schedule of these and other classes offered this fall. Family counseling for child centered concerns can also be arranged by requesting an intake appointment.

Snow Closure Guidelines



Emergency Communications Procedures

Copper Mountain will remain open, if at all possible, on all scheduled school days. Even when weather conditions are extreme, every effort will be made to keep schools open in the belief that it is in the best interest of the students. Since parents are the primary protector they will need to decide what is right for their children. The option to keep children home when weather conditions are extreme is always at the parents' discretion and the school understands and respects the decision.

Parents and employees should listen to these designated radio or television stations for school closure information between the hours of 6-8 a.m. (If schools dismiss early, the media will air the announcement as soon as possible.) Parents are asked to meet their students at bus stops when buses are running on delayed or emergency schedules.

AM Radio Stations

-1160

Metro Network —25 stations

TV Stations

KUTV—Channel 2

KTVX—Channel 4

KSL—Channel 5

Fox-News—Channel 13
District

School closures will be posted by 6:30 a.m. on Jordan School KSL District's Web site at: www.jordandistrict.org

Make-up Days

The Utah State Office of Education requires a minimum of 180 instructional days of school. Days lost because of inclement weather will be made up first on Washington and Lincoln Day (Presidents' Day) Recess and then during Spring Recess. (As per Policy D207—Calendar Development)